

Welcome to our Breakfast Cafe @

Haverhill Elementary Schools

June 2018

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN

1 Whole Grain Blueberry Muffin
Scrambled Eggs with Cheese
Mixed Fruit
Fresh Pear

4 Cheerios
Whole Grain Honey Bear
Graham Crackers
Apple 100% Juice
Fresh Orange

5 Whole Grain Waffles with Sausage
Syrup
Diced Pear Cup
Fresh Empire Apple

6 Plain Donut
100% Orange Juice Blend
Fresh Pear



7 Reduced Sugar Cinnamon Toast Crunch
Whole Grain Honey Bear
Graham Crackers
Apple Grape 100% Juice
Fresh Empire Apple

8 Ham, Egg and Cheese Sandwich
Diced Peaches
Fresh Orange

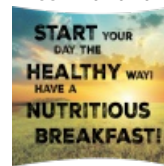
11 Whole Grain Blueberry Muffin
Sliced Pears
Fresh Apple



12 Scrambled Eggs Toast
Diced Peaches
Fresh Pear

13 Organic Yogurt
Whole Grain Honey Bear
Graham Crackers
100% Juice Fruit Punch
Fresh Empire Apple

14 Whole Grain Blueberry Muffin
Diced Peach Cup
Fresh Banana



15 Whole Grain French Toast Slices
Syrup
Mixed Fruit
Fresh Orange

18 Reduced Sugar Cinnamon Toast Crunch
Whole Grain Honey Bear
Graham Crackers
Mixed Fruit
Fresh Golden Delicious Apple

19 Fluffy Whole Grain Pancakes
Syrup
Diced Peaches
Fresh Pear

20 Fresh Bagel
Lite Cream Cheese
Applesauce
Fresh Orange



21 Sausage, Egg and Cheese Sandwich
Fresh Empire Apple
100% Orange Juice Blend

22 Golden Grahams
Whole Grain Honey Bear
Graham Crackers
Diced Pear Cup
Fresh Banana

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26

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We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are moving towards phasing out processed foods and instead, offering more all natural, organic or non-GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com or scan our QR code for more information.



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

Milk: \$0.70

For online payments please visit www.myschoolbucks.com

Available Daily

Whole grain bagels w/ butter or low fat cream cheese
Assorted Yogurt
Assorted Muffins: Blueberry, Chocolate Chip or Banana
Assorted Cereals: Cinnamon Toast Crunch, Honey Nut Cheerios, Rice Krispies
All served with choice of bread, fat free or low fat milk, assorted juices and fresh fruits

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.